

Mental Health and Community Services
Available in Meriden and Wallingford
Catchment Area #9

Behavioral Health Services/Support

Rushford Center, Inc. (the lead mental health agency for CA 9) Crisis Hotline	203-630-5280 800-567-0902
Catholic Charities	203-235-2507
Community Health Center, Inc. (and OBGYN Clinic)	203-237-2229
Franciscan Life Center	203-237-8084
Meriden and Wallingford Substance Abuse Council	203-294-3591
NAMI-CT	860-882-0236 OR 800-215-3021

Recreational/Respite Services

Woman and Families Center	203-235-9297
YMCA	203-235-6386

Other Services

Adult, Career & Continuing Education	203-630-4190
City of Meriden Dept. of Health and Human Services WIC Senior Center	203-630-4245 203-630-4226
Midstate Medical Center (Hospital)	203-649-8731
Easter Seals Connecticut, Inc.	203-237-7835
Literacy Volunteers	203-235-1714
Meriden Public Library	203-630-6347
City of Meriden Parks & Recreation	203-630-4259
Meriden Housing Authority	203-235-0157

Other Services Cont.

Domestic Violence Hotline	203-238-1501
New Opportunities (food pantry, energy assistance)	203-235-0278

Self Help/Support Groups

Alcoholics Anonymous, Alanon, Alateen (www.ct.aa.org)	800-203-1234
Cocaine Anonymous (www.ca.org)	800-347-8998
Narcotics Anonymous	800-627-3543
Statewide Narcotics Task Force	800-44DRUGs
Gambler's Anonymous Hotline	800-346-6238
Gambler's Anonymous Referrals	203-777-5585
NAMI-Meriden	203-710-3173

FOOD PANTRIES

Meriden

Meriden Salvation Army #85

St. Casimir Drive
203-235-6532/Shelly

Emergency Pantry
Tuesday 9-11, Thursday 1-3
Can be utilized once every three months

Soup Kitchen
2nd, 3rd, and 4th weekend of every month at noon

Operation Pantry/New Opportunities of Greater Meriden

191 Pratt Street
203-235-0278
Monday, Wednesday, Friday 9:30 – 1:30
Can be utilized once every three months

St Andrew's Episcopal Church

20 Catlin Street
203-237-7451
3rd Saturday – must call first to register

First Baptist Church

460 Broad Street
Soup Kitchen
Monday through Friday – Noon

N.O.W. Shelter

St Casimir Drive
Soup Kitchen
First weekend of every month – Noon

Wallingford

American Red Cross

144 south Main Street
203-265-6721 Fax: 203-269-4131
Monday-Friday 11:00 AM – 4:00 PM

Master's Manna

316 North Colony (Route 5) across from Christian Street
203-678-3042
Tuesday and Thursday: 9:00 to 12:00; Friday 6:00 to 8:00 PM

Church of the Resurrection

Pond Hill Road
203-265-1694
Run by volunteers – call first – usually last two weeks of the month

Wallingford Community Day Care

80 Wharton Brook Drive
203-294-4176 Fax: 203-741-0896
Call first – minimal number for emergencies
Provides Diaper Bank

Wallingford Emergency Shelter

123 Quinnipiac Street
203-294-0102 Fax: 203-265-9844
Take out meals and emergency canned food
7:00 PM evenings only